FREQUENTLY ASKED QUESTIONS ABOUT COVID-19

Here are the most consistently asked questions we receive regarding general return to school/work/childcare.

Q: What are the symptoms of COVID-19?

More common symptoms: fever greater than or equal to 100.4, new onset and/or worsening cough, difficulty breathing, new loss of taste or smell.

Less common symptoms: sore throat, nausea, vomiting, diarrhea, chills, muscle pain, excessive fatigue, new onset of severe headache, new onset of nasal congestion or runny nose.

- Additional information about Covid-19 can be found here.
- More information about recommended Covid-19 vaccinations can be found here.

Q: What should I do if I am feeling ill?

A: Students and staff should stay home until symptoms have resolved and/or receive a negative COVID test. Testing is not required to return to school/work/childcare. However, the following must be followed, if applicable:

- Fever-free for at least 24 hours, without using fever reducing medication.
- No vomiting/diarrhea for 24 hours prior to returning.
- If you or your child is diagnosed with strep, please keep them home until they have been on an antibiotic for 12 hours and fever-free for at least 24 hours.
- If you have further questions, please contact the District Nurse <u>JordanNurse@isd717.org</u>

Q: What should I do if someone in my household is experiencing symptoms consistent with COVID-19?

A: If you are not experiencing symptoms, you may continue to attend school/work/childcare and monitor for any symptoms.

Q: What should I do if I receive a positive test result for COVID-19?

A: If you test positive for COVID-19:

- Students and staff should not attend school/work/childcare until symptoms have significantly improved, fever free for 24 hours without fever reducing medication, and no vomiting/diarrhea for at least 24 hours prior to returning.
- A specified isolation period is not required.
- Contact <u>JordanNurse@isd717.org</u> for further guidance.

Q: What should I do if I test positive for Covid-19 and am in an MSHSL activity?

A: Students participating in MSHSL activities must follow <u>MSHSL guidelines</u> for returning to the activity.

Q: What should I do if someone in my household tests positive for COVID-19?

A: Regardless of vaccination status, you may continue to come to school/work/childcare as long as you have not developed any symptoms.

• Contact <u>JordanNurse@isd717.org</u> for further guidance.

Q: What should I do if I was exposed to someone who has COVID-19 that does NOT live in my household?

A: You may continue to come to school/work/daycare, unless you develop symptoms.